



Powerful & Mindful Facilitation

## Mats Graf

### Partner

*Human growth development for teams and individuals, staff training & sound healing*



## Essential

Mats assists individuals and groups in realizing their greater gifts, finding fresh avenues to actualize them in life and business. He has the ability to operate like a tuning fork for organizations, work-spaces and individuals, enabling a more harmonious well-being to arise. Masterful at what he delivers, he's also established and managed human growth centers in Stockholm and Oslo for the past 25 years. Working internationally, he serves clients in Norway, UK, Germany, USA and South-East Asia.

## Realizing human growth potential

His clients report that his support is impacting both directly in the "here and now" as well as in the long run. Mats is the first certified teacher in the IKYA Meditation™ approach. It constitutes a series of groundbreaking methods to inspire people bringing out their inner depth, and reap from that growth in their work lives. He brings a multitude of approaches and methodologies for growth, and applies what uniquely suits each client at that very session.

## A lifetime of deeper learning

Mats has a Master in the humanities, and has also studied medicine. With a lifetime of learning the deeper layers of human beingness, honing his masculine strength with an open heart, Mats delivers inspiring results throughout. There's indeed few like him.

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